

2023

FUN

IN THE

SUN!



A Guide to: Activities,  
Camps, Community Events,  
Summer Safety, and more!

# SUMMER SAFETY



**ALWAYS** wear a helmet and bright clothing when riding anything with wheels (bike, roller blades, skateboard, etc.).



Going Swimming? Always have a buddy with you and stay in areas that are supervised by a lifeguard or an adult.



Remember to drink lots of water on hot days! And bring a drink for your dog if they are outside with you!



Parents - Never leave children or pets alone in parked cars, even if the windows are open. The temperature inside can be deadly.

# DAY CAMPS

## CAMP AHWAGA

Educational and recreational day camp for children and teens with disabilities.

Must be 4-21 years of age and live in Tioga County or attend a Tioga County school district.

[campahwaga@gmail.com](mailto:campahwaga@gmail.com) / [campahwaga.org](http://campahwaga.org)

## WATERMAN EXPLORE

Day camps for specific age groups with activities tailored to their needs and abilities. Learn about nature through exploration and hands-on activities.

607-625-2221

[watermancenter.org/watermanexplore](http://watermancenter.org/watermanexplore)

## JOINT SUMMER RECREATION PROGRAM

Program offering fun, creative and physical activities for children in Northern Tioga County.

607-229-2462

[nvsummerrec@gmail.com](mailto:nvsummerrec@gmail.com)

## HIDDEN VALLEY 4-H CAMP

Camp through Cornell Cooperative Extension of Schuyler County.

Open to all youth ages 6-16.

Day and residential camp options available.

607-535-6812

[hiddenvalley4hcamp.org](http://hiddenvalley4hcamp.org)

# PREVENT LYME DISEASE

Lyme disease is a tick-borne illness carried by deer ticks. Symptoms may include rash, joint and muscle pain, fatigue, and fever.



Use an EPA-registered insect repellent  
Treat clothing & gear with permethrin  
Avoid bushy & wooded areas  
Stay in the center of trails  
Check your clothing for ticks  
Shower soon after coming indoors  
Check your whole body for ticks



# DAY ACTIVITIES

## FAMILY RESOURCE CENTERS OF TIOGA COUNTY

Family Resource Centers provide free community playgroups, workshops, and events for families and young children to learn, play, and connect with others!



Check out their Summer Programs by visiting...

[Facebook.com/FRCTioga](https://www.facebook.com/FRCTioga) or [tioga.cce.cornell.edu](http://tioga.cce.cornell.edu)



## TIOGA COUNTY BOYS & GIRLS CLUB

The Boys & Girls Club offers a variety of programs!

YOUTH HOURS: Monday - Friday, 2:00pm - 6:00pm



Call or visit their website for more information on summer programs!

607-687-0690 / [tiogabgca.org](http://tiogabgca.org)  
Located at 201 Erie St, Owego, NY

# SUN SAFETY

Apply sunscreen with  
at least SPF 15 when  
going outside for longer  
than 15 minutes!



Stay in shaded areas  
(trees, tents, etc.).



Wear hats, sunglasses,  
and  
long-sleeved clothing!



# FAMILY ACTIVITIES

## CARDINAL LANES

### BOWLING ALLEY

607-642-8028  
24 Watson Ave, Newark Valley

## OWEGO BOWL

### BOWLING ALLEY

607-687-5631  
1404 Taylor Rd, Owego

## VALLEY BOWLING

### BOWLING ALLEY

607-565-9946  
13 N. Chemung St, Waverly

## CHUCKSTER'S

### MINI GOLF

607-748-7888  
1915 Vestal Pkwy W, Vestal

## DJ'S GOLF CENTER

### MINI GOLF

607-565-2618  
273 County Rd 60, Chemung

## TIOGA DOWNS RACETRACK

### HORSE RACING

607-699-3901  
2384 W River Rd, Nichols

## TIOGA THEATER

### MOVIE THEATER

607-687-5401  
208 Main St, Owego

## TI-AHWAGA COMMUNITY PLAYERS

### COMMUNITY THEATER

607-687-2130  
42 Delphine St, Owego

## WATERMAN CENTER

### ENVIRONMENTAL

607-625-2221  
403 Hilton Rd, Apalachin

## BEMENT-BILLINGS FARMSTEAD MUSEUM

### MUSEUM

607-642-9516  
RT 38, Newark Valley

## TIOGA COUNTY HISTORICAL SOCIETY

### MUSEUM

607-687-2460  
110 Front St, Owego

## SRAC ARCHAEOLOGICAL CENTER

### MUSEUM

607-565-7960  
345 Broad St, Waverly

## OWEGO GYMNASTICS & ACTIVITY CENTER

### GYMNASTICS

607-687-2458  
748 RT 38, Owego

## THE PARTY BRUSH

### PAINTING STUDIO

607-624-4410  
186 Front St, Owego

## SIDE HILL ACRES GOAT FARM

### FARM TOURS

607-659-4121  
79 Spencer Rd, Candor

# CAMPS & ACTIVITIES OUTSIDE OF TIOGA COUNTY

## Cornell University Cubs Camp

Week-long day camps for  
children 4-14 years.  
Variety of sports and activities.  
607-255-1200  
[cornellcamps.com/cubs-camp](http://cornellcamps.com/cubs-camp)

## SUNY Cortland Sports Camp

A variety of sports camps on  
SUNY Cortland's Campus.  
607-753-2739  
[commerce.cashnet.com/cashneti/static/storefront/sunycollegesportscamp/catalog](http://commerce.cashnet.com/cashneti/static/storefront/sunycollegesportscamp/catalog)

## TC3 Sports Camps

Variety of full or half-day  
sports camps.  
607-844-8222 ext. 4492  
[TCpanthers.com/camps](http://TCpanthers.com/camps)

## Girl Scouts of NYPENN

Day or overnight camp options!  
Lots of outdoor activities.  
[summercamp@gsnypenn.org](mailto:summercamp@gsnypenn.org)  
[gsnypenn.org/en/camp/summer-camp.html](http://gsnypenn.org/en/camp/summer-camp.html)

## Town of Vestal Recreation

A variety of sports and outdoor  
recreation camps.  
607-754-3368  
[vestalny.myrec.com](http://vestalny.myrec.com)

## Discovery Center

Safe, fun, and educational kid's  
summer camps.  
607-773-8661  
[thediscoverycenter.org/summer-camp/](http://thediscoverycenter.org/summer-camp/)

## Kopernik Observatory

STEM exploration summer camps  
for students in grades 2-12.  
607-748-3685  
[kopernik.org/classes-programs-events/public-classes/summer-camps/](http://kopernik.org/classes-programs-events/public-classes/summer-camps/)

## Roberson Museum

Day camps offering a variety of  
indoor and outdoor activities.  
607-772-0660  
[roberson.org/education/steam-summer-camp-registration/](http://roberson.org/education/steam-summer-camp-registration/)

## Cayuga Nature Center

Day camps focused on  
environmental and  
outdoor education.  
607-273-6260  
[cayuganaturecenter.org/camp/summer-camp](http://cayuganaturecenter.org/camp/summer-camp)

## Primitive Pursuits Camps

Day camps focused on fostering a  
lifelong connection with nature.  
607-272-2292 ext.195  
[primitivepursuits.com/summer-camp-ithaca/](http://primitivepursuits.com/summer-camp-ithaca/)

## Mansfield University Camps

A variety of sports and  
music camps.  
570-662-4000  
[mansfield.edu/camps/index.cfm](http://mansfield.edu/camps/index.cfm)

## Community School of Music & Arts

Camps focused on visual arts  
and music!  
607-272-1474  
[csma-ithaca.org/school-break-programs/](http://csma-ithaca.org/school-break-programs/)

# COMMUNITY EVENTS

## Summer Concert Series

**Mondays beginning June 3rd - August 21st**



**6:30pm-8:00pm  
Waverly Glen Park**

**Concert schedule:**

[https://villageofwaverly.com/post/\\_docs/2023\\_concert\\_schedule.pdf](https://villageofwaverly.com/post/_docs/2023_concert_schedule.pdf)

## Candor's Fourth of July Celebration



**June 29th - July 4th  
McNeil Pavilion/Ballfield**

**Carnival, fireworks, parade, and more!**  
Facebook: Candor NY Annual 4th of July Celebration

## Tioga County Annual Kids Picnic

**Saturday, July 15th  
12:00pm-4:00pm**

**Marvin Park, Owego**



**FREE for children of all ages.**

**Bounce houses, hayrides,  
bicycle raffles, and more!**

## Sundaes at the Farm



**Sunday, July 16th  
12:00pm-3:00pm**

**Engelbert Farms**

**Nichols, NY**

**Learn about local agriculture  
and enjoy FREE ice cream!**

## Blueberry & Book Festival



**Saturday, July 22nd  
Berkshire Free Library**

**Blueberries, children's books, basket  
raffles, and more!**

Facebook: Berkshire Free Library

## Newark Valley Summerfest



**Saturday, July 29th  
Village Green & Trout Ponds Park**

**Duck races, fireworks, vendors,  
food and more!**

Facebook: NV Summerfest

## Spencer Picnic

**August 2nd - 5th  
Nichols Park  
NYS RT 34, Spencer**



**Food, fun, and friends!**

[www.thespencerpicnic.com/home](http://www.thespencerpicnic.com/home)

## Tioga County Fair

**August 8th - 12th  
Tioga County Fairgrounds in Owego**

**Grandstand events, fair food,  
rides, and more!**

[www.tiogacofair.com](http://www.tiogacofair.com)

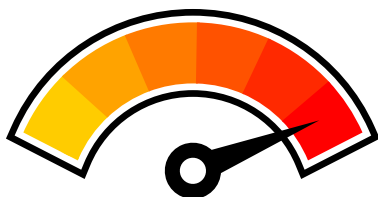


# BEAT THE HEAT

Follow these tips to stay cool this summer!

Take frequent breaks from physical activity

Avoid high-energy activities during midday heat



Stay hydrated by drinking water before you get thirsty

Wear loose, light-colored clothing

## SIGNS OF HEAT EXHAUSTION

Headache

Nausea

Dizziness

Weakness

Irritability

Thirst

Heavy Sweating

Elevated Temp





# LIBRARIES & COOLING CENTERS



Libraries with stars next to them also serve as cooling centers.

Cooling centers provide air conditioning for community members on hot days!

## WAVERLY FREE LIBRARY

607-565-9341  
18 Elizabeth St, Waverly

Tues: 10am-7pm  
Weds & Thurs: 10am-5pm  
Fri: 10am-4pm  
Sat: 10am-2pm

## SPENCER LIBRARY

607-589-4496  
41 N Main St, Spencer

Mon: 9am-2pm  
Tues-Fri: 3pm-8pm  
Sat: 10am-2pm

## TAPPAN SPAULDING MEMORIAL LIBRARY

607-642-9960  
6 Rock St, Newark Valley

Mon & Weds: 1pm-6pm  
Tues, Thurs, Sat:  
9am-2pm

## CANDOR FREE LIBRARY

607-659-7258  
2 Bank St, Candor

Mon, Weds, Fri: 2pm-5pm  
Tues & Thurs:  
10am-12pm, 2pm-7pm  
Sat: 10am-2pm

## COBURN FREE LIBRARY

607-687-3520  
275 Main St, Owego

Mon, Weds, Fri:  
10am-5pm  
Tues & Thurs: 2pm-7pm

## CADY LIBRARY

607-699-3835  
42 E River Rd, Nichols

Mon: 2pm-7:30pm  
Tues, Weds, & Fri:  
2pm-5:30pm  
Thurs: 2pm-7pm  
Sat: 10am-12pm

## APALACHIN PUBLIC LIBRARY

607-625-3333  
719 Main St, Apalachin

Mon, Tues, Thurs:  
10am-7pm  
Fri & Sat: 10am-2pm

## BERKSHIRE FREE LIBRARY

607-657-4418  
12519 St Rt 38, Berkshire

Tues-Fri: 12pm-5pm  
Sat: 9am-2pm

# SWIMMING

## MARVIN PARK POOL

607-687-1101  
Rt 17C (Main St), Owego

Open swim from  
12pm-7pm, daily.

Adult swim only 7pm-8pm.  
**FREE ADMISSION!**

## GREATER OWEGO COMMUNITY POOL

607-687-6352  
1 Sheldon Guile Blvd, Owego

For more information on  
pool hours and availability:  
[www.oacsd.org/page/oa-community-pool](http://www.oacsd.org/page/oa-community-pool)

## TIOGA CENTRAL SCHOOL INDOOR POOL

607-687-8001  
27 5th Ave, Tioga Center

### Family Swim Times:

Mon & Weds, 6pm-7pm  
Saturday, 10am-12pm

## Greenwood Park White Sand Beach

607-682-9933  
153 Greenwood Rd, Lisle

Memorial Day Weekend -  
Labor Day Weekend

11am - 7:30pm



## HIGHLAND PARK POOL

607-786-2970  
801 Hooper Rd, Endwell

For more information on  
pool hours and availability:

[www.townofunion.com/departments/parks-recreation.html](http://www.townofunion.com/departments/parks-recreation.html)

## FIRST AID, CPR, & LIFEGUARD TRAINING

Interested in getting trained in first aid, CPR, babysitting & childcare, lifeguarding, or AED? Visit: [www.redcross.org](http://www.redcross.org)



American Red Cross of the Southern Tier: 607-785-7207



## TIOGA COUNTY CAREER CENTER



Resume assistance, Adult Learning Labs, and more!  
607-687-8500 / 1062 St RT 38, Owego  
Facebook: Tioga Career Center



# MEAL SITES

**Summer meal sites were not released at the time Fun in the Sun was published.**

**Typically, each school district will have access to at least one meal site.  
Contact the district for more information.**

**To be notified of meal site locations, please visit:**

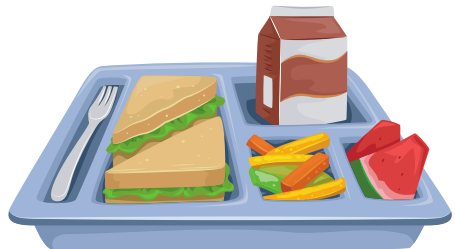
**Facebook: Rock on Cafe  
or [www.rockoncafe.org](http://www.rockoncafe.org)**

**<https://hungersolutionsny.org/find-food-help/summer-meals/>**

**For a list of local food pantries, visit:**

**<https://www.foodbankst.org/find-food/>**

**LUNCH  
TIME**



# TCPH EVENTS

## RABIES VACCINATION CLINICS

**July 15th**

Stray Haven (194 Shepard Rd, Waverly)  
9:00am-11:00am

**August 31st**

Rawley Park (1334 NY-38, Richford)  
5:30pm-7:30pm

Open to all Tioga County residents for dogs, cats, and ferrets. \$10 suggested donation.

## CHILD SAFETY SEAT CHECK EVENTS

**Waverly Police Dept.**

32 Ithaca St, Waverly

July 20th and July 21st

Thurs: 1:00pm - 3:00pm

Fri: 9:00am - 11:00am

**HHS Building**

1062 St Rt 38, Owego

Thursday, September 21st

2:30pm - 5:30pm

## DENTAL VAN

The Dental Van will be parked at the HHS Building in Owego  
(1062 NY-38) during the summer!

607-972-7552

**VISIT OUR WEBSITE & LIKE US ON FACEBOOK!**

[ph.tiogacountyny.gov](http://ph.tiogacountyny.gov)

[@TiogaCountyPublicHealth](https://www.facebook.com/TiogaCountyPublicHealth)

607-687-8600